

# Maurizio Frisina

## Contact

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## Professional Profile

Systemic Psychotherapist

Clinical Psychologist

Discussant at Conferences around Europe

Author of articles and books about systemic therapy

Trainer in Systemic Therapy in different Hospitals and Institutions

Senior Trainer in Systemic Therapy of Addictions at Centro Panta Rei, Milan

Head of Psychologists/Psychotherapists/Paramedics in Unit 1 at Clinique La Ramée - Epsilon in Brussels (hospital service for addictions treatment)

Member of Addictions Center of Brussels - Epsilon

Addiction Therapist (individuals, couples, family, groups)

Clinical Supervisor

Internship Supervisor for psychologists/psychotherapists (acknowledged by Belgium Federal Authority)

Board Member of EFTA CIM

Member of the Italian Society for Systemic Research and Therapy (SIRTS)

## Selection of recent publications

Frisina, M. (2025). *L'espace en thérapie. Une vision systémique*. Paris : ESF Sciences Humaines.

Frisina, M. (2024). *Der Einsatz von Genogrammen in der stationären Suchtbehandlung: Vom Wort zum Bild und zurück*. Dans: M. Borcsa et I. Daure, *Genogramme. Ein*

Handbuch für die systemische Praxis und Forschung.  
Vandenhoeck+Ruprecht Verlage, Göttingen

Frisina, M. (2024). *La supervision dans la clinique des addictions : interférences systémiques et jeu de miroirs*, in Daure I. et Borcsa, M., *La supervision systémique*, Paris : ESF Sciences Humaines, pp. 71-80.

Frisina, M. (2023), *Théorie du chaos et addictions : une lecture du rapport entre crises, répétitions et stabilité*, *Thérapie Familiale*, vol. 44, pp. 33-49.

Frisina, M. (2022), *I genogrammi nella clinica delle dipendenze: dalla parola all'immagine, e ritorno*, in Daure, I. e Borcsa M., *Il genogramma nella pratica sistemica contemporanea*, Franco Angeli, Milan, pp.49-60.

Frisina, M. (2022) *La coppia codipendente alla prova dell'astinenza*, *Quaderni della SIRTS dipendente*, *Quaderni della SIRTS (Società Italiana di Ricerca e Terapia Sistemica)* n. 3/2022, pp. 29-37.

Frisina, M. (2021) *I confini della mente e le sue tracce sull'ambiente*, *Il Corsivo del Centro Panta Rei*, 2/2021.

Frisina, M. (2021) *Perturbando l'opacità di un sistema dipendente*, *Quaderni della SIRTS (Società Italiana di Ricerca e Terapia Sistemica)* n. 2/2021.

Frisina, M. (2020). *Une lecture systémique du rapport entre transgression et cadre thérapeutique*. *Thérapie familiale* 2020 (4), pp. 267-286.

Frisina, M. (2020). *Sur le bord du chaos : Complexité, thérapie systémique et addictions*, l'Harmattan, Paris. Trad. it. *Sul bordo del caos : Complessità, terapia sistemica e dipendenze*, 2020, Mimesis, Milano.

## Intrests

Systemic therapy of addictions; relation to time and space in psychotherapy; cross-discipline exchange about system thinking (architecture, physics, biology, cybernetics...); application of chaos theory and complex systems theory to psychotherapy; integration of systemic and narrative therapy; developing connections between psychotherapists of different cultural contexts.

## Languages

Italian, French, English, Spanish, Dutch, Japanese.