

Maurizio Frisina

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Professional Profile

Systemic Psychotherapist

Clinical Psychologist

Trainer in Systemic Therapy in different Hospitals and Institutions

Head of Psychologists/Psychotherapists/Paramedics in "Unit 1" at Clinique La Ramée - Epsilon in Brussels (hospital service for addictions treatment)

Senior Trainer in Systemic Therapy of Addictions at Centro Panta Rei, Milan

Member of Addictions Center of Brussels - Epsilon

Addiction Therapist (individuals, couples, family, groups)

Clinical Supervisor (therapists and institutions)

Internship Supervisor for psychologists/psychotherapists (acknowledged by Belgium Federal Authority)

Board Member of EFTA CIM

Member of the Italian Society for Systemic Research and Therapy (SIRTS)

Discussant at conferences around Europe

Author of articles and books about systemic therapy

Selection of recent publications

Frisina, M. (in preparation), *Théorie du chaos et addictions : une lecture du rapport entre crises, répétitions et stabilité, Thérapie Familiale.*

Frisina, M. (2022), *I genogrammi nella clinica delle dipendenze: dalla parola all'immagine, e ritorno*, in Daure, I.

e Borcsa M., Il genogramma nella pratica sistemica contemporanea, Franco Angeli, Milan, pp.49-60.

Frisina, M. (2022) La coppia codipendente alla prova dell'astinenza, *Quaderni della SIRTS (Società Italiana di Ricerca e Terapia Sistemica)* n. 3/2022, pp. 29-37.

Frisina, M. (2021) I confini della mente e le sue tracce sull'ambiente, *Il Corsivo del Centro Panta Rei*, 2/2021.

Frisina, M. (2021) Perturbando l'opacità di un sistema dipendente, *Quaderni della SIRTS (Società Italiana di Ricerca e Terapia Sistemica)* n. 2/2021.

Frisina, M. (2020). Une lecture systémique du rapport entre transgression et cadre thérapeutique. *Thérapie familiale* 2020 (4), pp. 267-286.

Frisina, M. (2020). *Sur le bord du chaos : Complexité, thérapie systémique et addictions*, l'Harmattan, Paris. Trad. it. *Sul bordo del caos : Complessità, terapia sistemica e dipendenze*, 2020, Mimesis, Milano.

Intrests

Systemic therapy of addictions; application of chaos theory and complex systems theory to psychotherapy; integration of systemic and narrative therapy; relation to time and space in psychotherapy; cross-discipline exchange about system thinking (physics, biology, cybernetics...); developing connections between psychotherapists of different cultural contexts.

Languages

Italian, French, English, Spanish, Dutch, Japanese.